

THE TOAST

A toast of own choice/evening can be on any subject that means something to you. The general idea however, is that it should be inspirational and/or thought provoking. A toast to Toastmasters International should be about the impact of the organisation on you and your life. Keep your toast short, punchy and to the point, and remember to have fun presenting it.

- Acknowledge the MC or Toastmaster of the evening
- Ensure that everyone has a glass of something to toast with.
- Remember to have a glass in your hand

- The title is often the theme of the toast e.g. “Love”
- A toast is a 2- 3 minute **speech**. The toast of the evening is normally 2 - 3 minutes. Check the Programme for time and style of toast (Toast of the evening or to Toastmasters International).
- A toast has an opening, body, and conclusion.
- The opening must inform the audience as to the reason for the toast – why the *person, organisation, etc* has been chosen to honour or acknowledge
- The body gives details, information and persuades why we should honour the person, idea or occasion.
- The conclusion provides a summary of why we are raising our glasses.
- The purpose is **to inspire** the audience to want to stand, lift their glasses.

Call on the audience to:

- Please rise
- “Drink a toast with me to”
- Keep the toast line short (a toast to the people who make our lives wonderful ... is too long) - “To Love” is better and easier for the audience to repeat.
- Remember to hand meeting back to the MC/ Toastmaster after your toast.